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Where Do We Go From Here?

What do you do when your emotions run amuck?

I now feel like I need to do the right thing. Maybe something I should have done from the beginning.

Ok Listen to this.

For about a week and a half now F. and [REDACTED] have not been together as a couple. However it has not made me feel as good as you may think.



I would truly like them to have something, but what? This is the relationship I dreaded him having. This is the stress I did not want in my life. Not because I don't like [REDACTED]. On the contrary she is one of the most wonderful people in our life. I have the utmost respect for her. And by the same token she is so perfect for him in some ways.

However, in my opinion, there are a lot of things in their lives that will make it not work. I am at the top of the list. Also the last 6 months have indicated that I am not the only problem. F. Has many projects going on in his life. I do feel he does owe me time. WE are building a life together. I have gone many years as a computer widow because he has done what he has had to do. Now I find my self wanting most every moment, and not wanting him to invest that in another long term serious relationship.

[REDACTED] also has things in her life going on and neither one of them are looking to moving closer to each other. Which is something else I am not in favor of. Why do I see it, and feel they do not? They do love each other. They say that, and I believe that. I guess when it comes right down to it, I want them to have it all, and at the same time I can't let them have it all. All at the same time.

Poly Sucks.

I think what I truly would like is to have them be more than friends. However it may be too late. How can people who love each other be only friends? I don't have the answer to that. I wish I did. I also think it would be easier on [REDACTED] if she could date locally, but she can not. Once she is romantically involved with someone, she can't be interested in anyone else. That is truly a problem in being romantically involved with someone who is on the other side of the country and poly. I, as the wife, love when his partners are involved with others. Then he is not the center of attention and he can focus on me, and no one



has to fight for the one hour in the evening he has to give. Then no one feels unloved. I feel I am the wife and I am number one. She is the secondary; that hour is mine. She feels always at the bottom of the list, the unimportant one.

I have always been number one, top dog, I like that position. It did not matter how everyone else fell into place after me. For a long time that also worked for F. but now he has gone and fallen in love and as much as I don't want this to happen I feel no matter what he does he would like us all under one roof one day. That is NOT in my future. I almost feel he has to pick one of us and let the other one move on. No, he does not get everything he wants and in fact he doesn't get even 3/4 of what he wants. Just knowing this is a potential goal of his never seems to leave my mind.

I feel like in order to have him in my life, I have to accept him as poly. Yes he did accept monogamy for the first 2 years of our lives together. I have accepted poly for 14 years now. I can say mono was the easier life. Poly has been good for strengthening our relationship I do believe it very solid. Poly has taught us good communication skills, honesty, respect, confidence, and security. What I have learned from being with the Poly Tampa community is that shit happens, things do not always work out as planned and life is full of surprises. That does not shake me. I am confident that F. and I will be together at least until we die and quite possibly longer.

So where do we go from here?

I do not want to give up a friendship with [redacted] or a marriage with F. My personal comfort zone would have them be close friends; romantically or not can be up to them.

I can't stand by knowing she is crying herself to sleep at night because she does not feel loved, or he is not keeping in touch as he had promised. He is then hurting a close and personal friend of mine, and that is not acceptable. The responsibility is not all his, she also has to see she deserves a more attentive boy friend, IF that is what THEY WANT.

In my opinion: [redacted] does want more than she can have with him, more than he can give her at least at this point in our lives. He also may want more than he can give her. I do believe he does want to have a real honest to goodness relationship with her. Quite possibly the same one she wants to have with him. I do not believe at this point in time he is able to give that to her. Maybe down the road some years but not right now.

I care a great deal about both F. and [redacted] I will not forbid a relationship between them. I will not support a relationship where one participant is unhappy, anymore than I would support any other relationship, with two people that it is not working out no matter what they try. I also am asking them to consider if each of them truly has the time to dedicate to the kind of relationship they want to have with one another. I believe they should have the same goals as any other two people in a relationship. I feel F. and I have the same lifetime goals. If F. or [redacted] feel like they want to be more to each other, or they live more for the time they are together when they are apart, then I feel their goals are seriously overlapping mine and F.'s goals. I can guarantee this would be trouble. And in my opinion with [redacted] being monogamous it is a matter of time only because as she has put it herself, "How do you stop love from growing? Well you don't, however, you can control the actions." Yes I do agree with that. So just because you have a gun, and you know it shoots bullets, you can try to not shoot yourself in the foot, but sometimes shit happens.

So I ask myself can they make it work? And Should they try to make it work? Are they being realistic with what they have to work with and what I have to work with. Because I am not going anywhere.

So Where Do We Go From Here?  
Anybody? Anybody?